Clinical Psychology Associates: Meet the Therapists

The Fox Point-Bayside School District is pleased to announce an important new partnership with Clinical Psychology Associates. Clinical Psychology Associates' therapists will be on-site at Bayside Middle School and Stormonth Elementary School to schedule appointments with your student during their school day. Payment for services will be via your family's health insurance or an out-of-pocket rate.

To ask any questions or begin the process of starting therapy, contact Clinical Psychology Associates by calling or texting (262) 975-0012.



Ellen Stueckroth, MSW, LCSWBayside Middle School

Life is messy and confusing, but you do not have to suffer. Growing up is hard work. Sometimes, it is easy to forget to take care of yourself – to tend to your head and your heart. Taking the brave step of starting therapy could be exactly what helps you get from saying "everything's fine" to feeling balanced and like you can enjoy life with all its emotions and messiness. As a therapist, Ellie strives to create an environment where you feel empowered and safe to be exactly who you are. She believes you are the expert in your own life and truly allows you to take the lead in your

treatment. Her approach to therapy involves teaching tools to help manage difficult thoughts and emotions. Whatever your student's needs or pace may be, they are not alone in healing.

Please call or text 262-975-0012 or email <u>intakes.cpa@gmail.com</u> to check insurance coverage and get started! Or contact Ellie directly at: <u>headheartcounseling@gmail.com</u> or <u>(262) 251-1112</u> x743.



Laurie Shawger, MS, LPC-IT, NCC, Certified Grief Counselor Stormonth Elementary School

Laurie has experience in working with students with ADHD, attachment issues, anxiety, self-esteem relationship issues, and a history of trauma. She uses a client centered approach to counseling, and is an expert at finding each student's unique strengths. Laurie uses play-based strategies, including art and games, to help younger clients communicate their feelings and practice new skills. Laurie can be reached at: morainevistacounseling@gmail.com or 262-251-1112

Check out Joy's <u>Facebook</u> page or books My Emotions, A Journal for Teens

You Be You. Affirmations for Teens